

Matthew **IZETT-KAY**

BMBS MD MRCOG

Personal details

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Nationality: British

GMC:7083336 (Full Registration)

Current posts

Consultant Gynaecologist
Subspecialist Urogynaecologist (RCOG accredited)
John Radcliffe Hospital, Oxford

Honorary Senior Clinical Lecturer
NDWRH, University of Oxford

Co-founder
OGCASTS www.ogcasts.net

Qualifications

2021	MD(Res) - University College London
2017	Urodynamics Accreditation - BAUS
2016	MRCOG
2010	BM,BS - University of Exeter
2010	USMLE Step 1
2005	AAB(A) A-Levels - Peter Symonds College, Winchester

Career statement

I am a Consultant Gynaecologist and Subspecialist Urogynaecologist at John Radcliffe Hospital, Oxford. I am a medicolegal expert and have been involved in over 200 medical litigation cases. My clinical and academic specialist interest is laparoscopic urogynaecology and complex tertiary pelvic floor disorders. I have ongoing active engagement in funded inter-disciplinary research and a reputation as a clinician who delivers excellent clinical care with integrity.

Previous medical posts

2020-22	Subspecialty training programme, Urogynaecology, John Radcliffe Hospital, Oxford. Mr S Jackson, Miss N Price, Miss H Jefferis
2017-20	Urogynaecology research fellow, Urogynaecology and Pelvic Floor Unit, University College London Hospitals. Mr A. Vashisht, Mr A. Kupelian, Mr A. Cutner MD(Res) student, University College London Mr A. Vashisht, Professor Usha Menon
2016/17	ST5, Kingston Hospital Miss M. Shankar, Mr E. Cortes
2015/16	ST4, University Hospital Lewisham Miss E. Stasiowska, Mr D. Uchil
2013-15	ST2 + 3, Kings College Hospital Professor L. Cardozo and Mr D. Robinson
2012/13	ST1, Princess Royal University Hospital Miss K. Omar, Mr N. Hill
2010-12	South Thames Foundation Programme

Non-medical posts

2024 – present	Member of BSUG Meetings Committee
2018-24	Chair/Member of IUGA Fellow’s Committee
2014-18	ST3-5 Deanery Trainee representative
2014-15	Course Tutor and Developmental Lead MRCOG Part 1 Course ABMA: Middle East and India
2008-10	National Medical Student Committee, Conference Agenda Committee 2010, BMA

Prizes / Awards

2022	‘Runner-up’ HEETV RCOG ‘Trainer of the Year’
2021	‘Excellence in training’ award for teaching from HEETV Deanery Second Prize, Oral presentation, BSUG ASM
2020	Third Prize, Oral presentation, BSUG ASM
2019	Runner-up, Herbert Reiss Trainees Prize, RSM

	Gold prize winner, Oral presentation, BSGE
	Second Prize, Oral presentation, Annual Conference, London Deanery.
2018	EGA Charity, Research Funding
2017	BSGE Travelling Fellowship
2015	Herbert Reiss Trainees Prize, RSM
2010	Certificate of Merit, 'Outstanding leadership', STFS
2009	Richard Dunning Debating Prize, Plymouth Medical Society

Academic

Peer-reviewed publications

Tikkinen KA, Siegal DM, Devereaux PJ, Tornberg SV, Borges FK, Ofori S, Pinthus J, Shayegan B, Lavikainen LI, Guyatt GH, Roshanov PS. The CLUE Post-Surgery VTE Risk Instrument for Abdominal and Pelvic Surgery: Validation of Patient Risk Factor Component. *Blood Advances*. **2025** May 12: bloodadvances-2024015515.

Baines G, Safioleas P, Hill J, Jefferis H, Jackson S, Izett-Kay M. Patient-Reported Long-Term Outcomes of Laparoscopic Sacrocolpopexy. *International Urogynecology Journal*. **2025** Oct 13:1-7.

Lavikainen LI, Guyatt GH, Kalliala IE, Cartwright R, Luomaranta AL, Vernooij RW, Tahtinen R, Najafabadi BT, Singh T, Ahopelto K, Aoki Yoshitaka. Risk of Thrombosis and Bleeding in Gynecologic Non-Cancer Surgery: Systematic Review and Meta-Analysis. *American journal of obstetrics and gynecology*. **2023**. (*e-pub ahead of print*)

Lavikainen LI, Guyatt GH, Luomaranta AL, Cartwright R, Kalliala IE, Couban RJ, Aaltonen RL, Aro KM, Cárdenas JL, Devereaux PJ, Galambosi PJ. Risk of Thrombosis and Bleeding in Gynecologic Cancer Surgery: Systematic Review and Meta-Analysis. *American journal of obstetrics and gynecology*. **2023**. Oct 11.

Toye F, Dixon S, Izett-Kay M, Keating S, McNiven A. Exploring the experiences of people with urogynaecology conditions in the UK: a reflexive thematic analysis and conceptual model. *BMC Women's Health*. **2023** Aug 14;23(1):431.

Lavikainen LI, Guyatt GH, Sallinen VJ, Karanicolas PJ, Couban RJ, Singh T, Lee Y, Elberkennou J, Aaltonen R, Ahopelto K, Beilmann-Lehtonen I. Systematic reviews and meta-analyses of the procedure-specific risks of thrombosis and bleeding in general abdominal, colorectal, upper-gastrointestinal and hepatopancreatobiliary surgery. *Annals of Surgery*. **2023**. Aug 8:10-97.

Toye F, Izett-Kay M, Barker KL, McNiven A. The experience of women reporting damage from vaginal mesh: a reflexive thematic analysis. *EClinicalMedicine*. **2023** Apr 1;58.

Izett-Kay M. Urogynaecology and mesh: who, why, and where doctors go wrong. Medico-Legal Journal. **2023** Feb 11:00258172221120756.

Izett-Kay M., Barker K. McNiven A, Toye F. Experiences of urinary tract infection: A systematic review and meta-ethnography. **2022** Mar;41(3):724-39

Heathcote J, Izett-Kay M., Jackson S, Price N. Laparoscopic removal of a synthetic retropubic mid urethral sling (tension free vaginal tape): step-by-step technique. International Urogynecology Journal 2022. **2022** Apr;33(4):1031-3.

Izett-Kay ML., Rahmanou P, Cartwright RJ, Price N, Jackson SR. Laparoscopic sacrohysteropexy versus vaginal hysterectomy and apical suspension: 7-year follow-up of a randomized controlled trial. International Urogynecology Journal. **2021** Aug 23:1-9.

Lavikainen LI et al. Systematic reviews of observational studies of Risk of Thrombosis and Bleeding in General and Gynecologic Surgery (ROTBIGGS): introduction and methodology. Syst Rev. **2021** Oct 8;10(1):264. doi: 10.1186/s13643-021-01814-2.

Zarrindej K, Izett-Kay M., Jackson S, Price N. Hematometra After Mesh Laparoscopic Sacrohysteropexy, a Rare Complication?. Female Pelvic Medicine & Reconstructive Surgery. **2021** Sep 14.

Abhari RE, Izett-Kay ML., Morris HL, Cartwright R, Snelling SJ. Host–biomaterial interactions in mesh complications after pelvic floor reconstructive surgery. Nature Reviews Urology. **2021** Sep 20:1-4.

Izett-Kay, M.L., Lumb, C., Cartwright, R., Kupelian, A.S., Cutner, A.S., Jackson, S., Price, N. and Vashisht, A., “What research was carried out on this vaginal mesh?” Health related concerns in women following mesh augmented prolapse surgery: a thematic analysis. BJOG: An International Journal of Obstetrics & Gynaecology. **2020**.

Izett-Kay, M.L., Aldabeeb, D., Kupelian, A.S., Cartwright, R., Cutner, A.S., Jackson, S., Price, N. and Vashisht, A., Long-term mesh complications and reoperation after laparoscopic mesh sacrohysteropexy: a cross-sectional study. International Urogynecology Journal, **2020**; pp.1-8.

Izett M. Commentary on ‘Surgical treatment of primary uterine prolapse: comparison of vaginal native tissue surgical techniques’ Int Urogynecol J. **2019**; <https://doi.org/10.1007/s00192-019-03961-6>

Izett M. Kupelian A, Vashisht A. Safety and efficacy of non-absorbable mesh in contemporary gynaecological surgery. Gynecological Surgery. **2018** ;15(1):20.

Izett M. Zacche M, Thiagamoorthy G, Robinson D. and Cardozo L. Current evidence and emerging drug therapies for overactive bladder. Minerva Ginecologica. **2017**; 69(3), pp.269-285.

Izett M, Zacche M, Giarenis I, Robinson D and Cardozo L, 2015. Drug therapy for overactive bladder. *Minerva Ginecologica*. **2015**; 67(6), pp.557-574.

Book chapters

Izett-Kay M, Price N. Laparoscopic Sacrohysteropexy. In *Textbook of Female Urology and Urogynecology 2023* Jul 28 (pp. 1088-1097). CRC Press.

The Oxford Hysteropexy Izett-Kay M, Price N. *Textbook of Female Urology and Urogynecology*. 2023 Jul 28 (pp. 1088-1097). CRC Press. **2023**,

Laparoscopic Colposuspension. Izett-Kay M, Vashisht A, *Textbook of Female Urology and Urogynecology*. 2023 Jul 28 (pp. 1088-1097). CRC Press. **2023**,

Laparoscopic Sacrohysteropexy – Oxford technique. Izett-Kay M, Cartwright R, Price N. *Procedure steps and evidence in Laparoscopic Urogynaecology*. Phillips C. Accepted **2020**,

Laparoscopic Colposuspension. Izett-Kay M, Vashisht A, Cutner A. *Procedure steps and evidence in Laparoscopic Urogynaecology*. Phillips C. Accepted **2020**, Awaiting publication

Lower urinary tract symptoms following treatment for gynaecological cancer. Izett M, Vashisht A. *Survival After Treatment for Gynaecological Cancer - Dealing with Treatment-Related Morbidity*. Douefekas K, Olaitan A. Cambridge Scholars Publishing. **2020**

International podium presentations

2025 Baines G, Jefferis H, White B, Nicholls J, Jackson S, Izett-Kay M. Feasibility of day case laparoscopic sacrohysteropexy. IUGA 45th ASM. Netherlands.

2025 Banerjee N, Baines G, Izett-Kay M. Secret Signals Beyond the Bathroom: A Systematic Review of Urinary Biomarkers for Overactive Bladder Syndrome IUGA 45th ASM. Netherlands.

2023 O'Sullivan J, White B, Baines G, Izett-Kay M, Jefferis H Do we need antimicrobial prophylaxis when administering cystoscopic botulinum for detrusor overactivity? IUGA 48th ASM. The Hague

2022 Mohamed R, White B, Jefferis H, Izett-Kay M, Jackson S Izett-Kay M, Rahmanou P, Cartwright R, Price N, Jackson S. 'Short terms outcomes of surgical interventions for stress urinary incontinence during the UK mesh pause' IUGA 47th ASM. Texas USA

- 2020 Izett-Kay M., Rahmanou P, Cartwright R, Price N, Jackson S. Laparoscopic mesh sacrohysteropexy versus vaginal hysterectomy: 7-year follow-up from a randomised controlled trial. IUGA 45th ASM. Netherlands.
- 2019 Izett M., Aldabeeb D, Kupelian A, Cartwright R, Cutner A, Jackson S, Price N, Vashisht A. The safety and efficacy of laparoscopic mesh sacrohysteropexy. AUGS/IUGA 44th ASM. Nashville, USA.
- 2015 Izett M., Giarenis I, Thiagamoorthy G, Robinson D, Cardozo L. Obstetric Anal Sphincter Injury: What happens next? 40th Annual Meeting, IUGA; Nice, France

National podium presentations

- 2024 Baines G, Jefferis H, White B, Nicholls J, Jackson S, Izett-Kay M. Feasibility of day case laparoscopic sacrohysteropexy. BSUG ASM. London. UK.
- 2024 Banerjee N, Baines G, Izett-Kay M. Secret Signals Beyond the Bathroom: A Systematic Review of Urinary Biomarkers for Overactive Bladder Syndrome BSUG ASM. London. UK.
- 2022 O'Sullivan J, White B, Baines G, Izett-Kay M., Jefferis H Do we need antimicrobial prophylaxis when administering cystoscopic botulinum for detrusor overactivity? BSUG ASM. London. UK.
- 2022 Mohamed R, White B, Jefferis H, Izett-Kay M., Jackson S_What worked after the pause? Short-term outcomes after surgery for stress urinary incontinence. BSUG ASM. London. UK.
- 2021 Izett-Kay M., Barker K. McNiven A, Toye F. Experiences of urinary tract infection: A systematic review and meta-ethnography. BSUG ASM. London. UK.
- 2020 Izett-Kay M., Rahmanou P, Cartwright R, Price N, Jackson S. Laparoscopic mesh sacrohysteropexy versus vaginal hysterectomy: 7-year follow-up from a randomised controlled trial. BSUG ASM. London, UK
- 2019 Izett M., Aldabeeb D, Lumb K, Kupelian A, Cartwright R, Cutner A, Jackson S, Price N, Vashisht A. Mesh ado about nothing? A multicentre study of the safety and efficacy of laparoscopic mesh sacrohysteropexy. RSM Herbert Reiss Prize evening. London, UK.
- Izett M., Aldabeeb D, Kupelian A, Cartwright R, Cutner A, Jackson S, Price N, Vashisht A. Is laparoscopic mesh sacrohysteropexy safe? BSGE ASM. Newport, UK.
- Izett M., Aldabeeb D, Kupelian A, Cartwright R, Cutner A, Jackson S, Price N, Vashisht A. The safety of laparoscopic mesh sacrohysteropexy? LSSOG (Trainee conference). London. UK.

Izett M, Aldabeeb D, Kupelian A, Cartwright R, Cutner A, Jackson S, Price N, Vashisht A. Safety and efficacy of laparoscopic mesh sacrohysteropexy in the midterm: a multicentre study. UKCS ASM. Manchester, UK.

Izett M, Lumb K, Kupelian A, Cartwright R, Cutner A, Jackson S, Price N, Vashisht A. Mesh augmented prolapse surgery: a thematic analysis of participants' comments as part of a multicentre study of mesh sacrohysteropexy. UKCS ASM. Manchester, UK.

2015 Izett M, Giarennis I, Thiagamoorthy G, Robinson D, Cardozo L. Obstetric Anal Sphincter Injury: What happens next? RSM Herbert Reiss Prize evening. London, UK.

2011 Izett M, McNally S The future of Induction and Mandatory Training. 9th National Multi-Specialty Conference, NACT, London

Academic posters

2021 Mohamed-Ahmed R, Down B, Izett-Kay M, White B, Jefferis H, Jackson S. What worked after the pause? Short-term outcomes after surgery for stress incontinence. BSUG ASM. London, UK

2019 Lalani S, Izett M, Welford K, Lyons A, Kupelian A, Vashisht A. Outcomes of Nurse-led pessary clinic for pelvic organ prolapse. IUGA 44th ASM. Nashville, USA.

Izett M, Aldabeeb D, Kupelian A, Cartwright R, Cutner A, Jackson S, Price N, Vashisht A. A thematic analysis of the comments made by women after mesh augmented prolapse surgery. IUGA 44th ASM. Nashville, USA.

Izett M, Oladinni K, Kupelian A, Cutner A, Vashisht A. What The predictive value of urodynamics in women undergoing laparoscopic mesh sacrohysteropexy. IUGA 44th ASM. Nashville, USA.

Izett M, Lumb K, Kupelian A, Cartwright R, Cutner A, Jackson S, Price N, Vashisht A. What do women with mesh think? BSGE ASM. Newport, UK.

Izett M, Oladinni K, Kupelian A, Cutner A, Vashisht A. Do preoperative urodynamic studies predict postoperative bladder function in women undergoing laparoscopic mesh sacrohysteropexy? UKCS ASM. Manchester, UK.

2018 Izett M, Kupelian A, Vashisht A. Anatomical outcome and urinary symptoms after total laparoscopic hysterectomy and vault suspension. Annual Scientific Meeting, BSGE, Scotland.

Izett M, Cortes E. Pelvic floor neglect: A study of pregnant women and their care providers' knowledge of perineal trauma. 43rd Annual Meeting, IUGA, Austria

Izett M, Cortes E. Perineal trauma, what do we know? UKCS/PFS ASM. Telford, UK.

2015 Izett M, Harris S, Hunt K, Bhatti S, Marsh M, Jain A, Amiel S, Gayle C. Diabetic Ketoacidosis in the 3rd trimester in a woman with previously undiagnosed antibody-negative GDM and normo-glycaemia post-partum. 17th Annual Meeting, BMFMS; London UK

Izett M, Lambo D, Magee C, Stott D, Paraschiv D, Kametas N. Increase in the rate of severe pre-eclampsia in a tertiary unit following the implementation of NICE guidelines 'Hypertension in Pregnancy'. 17th Annual Meeting, BMFMS; London UK

Izett M, Pereira S, Subramanian D. Review of outpatient induction of labour in low risk postdates pregnancy in a tertiary obstetric unit in London. 17th Annual Meeting, BMFMS; London UK

Lambo D, Magee C, Bhatti S, Izett M, Kametas N. The impact of a specialised one-stop clinic for the management of hypertension in pregnancy on the rates of maternal severe pre-eclampsia and eclampsia and preterm delivery below 31 weeks. 17th Annual Meeting, BMFMS; London UK

Harris S, Hunt K, Izett M, Bhatti S, Marsh M, Jain A, Amiel S, Gayle C. Antibody-negative gestational diabetes (GDM) presenting with diabetic ketoacidosis (DKA) with return to normo-glycaemia post partum. 2015 National Conference, Diabetes UK, London UK

Bremphah A, Afors K, Sherlock K, Izett, M, Narvekar, N. A rare histological finding mimicking an ovarian mass. National Trainees Conference, UK

2014 Izett M, Kapadia S. Hamman's Syndrome following induction of labour for intrauterine foetal death. RCOG World Congress, Hyderabad India

Izett M, Psychoulis M, Usifo F, Hill N. Fatal dissection of Aortic Aneurysm in the third trimester. RCOG World Congress, Hyderabad India

2011 Izett M, McNally S. The future of Induction and Mandatory Training: Online Modules create enhanced Induction programs. International Forum: Quality and Safety in Healthcare, Amsterdam

2010 Izett M, McNally S. Online Induction Training: Enhancing Trainee Education. Academy of Medical Educators: International Conference, London

Clinical governance

- 2021: Audit: Perioperative documentation in urogynaecology.
Audit: Urinary tract infection rates after detrusor botulinum
- 2020 Audit: Complications after laparoscopic sacrohysteropexy
SOP: Urogynaecological services during the COVID-19 pandemic
- 2018 Audit: Apical support and laparoscopic hysterectomy
- 2017 Guideline: Repair of Obstetric Anal Sphincter Injury
Guideline: Peripartum bladder care
- 2016 Audit: Caesarean Section Consent
- 2015 Audit: Outpatient Induction of Labour
Audit: Preeclampsia and High Dependency Unit Care

Additional skills

Languages: Italian and French, conversational
IT Skills: Stata, Word, PowerPoint, Excel (Stage 1 Level, University of Cambridge)

Research

I am an active inter-disciplinary funded researcher with experience in clinical research, primary qualitative research and evidence synthesis, and have collaborated on international systematic reviews and meta-analyses. I am currently collaborating nationally and internationally on active funded projects. This includes as co-applicant on a successful NIHR bid, 202450 Qualitative Research on Women's Experience of Urogynaecological Health Services, with Oxford University's health experience research group, and active collaboration with the CLUE working group in Finland on VTE risks after gynaecological surgery.

Prior to my current role, I undertook full-time research towards completion of an MD (Res) doctoral degree at UCL. As part of my MD, I took two studies from conception through to REC and HRA approval and into active recruitment. IRAS 235195 has been published as a peer-reviewed manuscript and IRAS 230548 is still recruiting. Study details are available on the HRA research summaries website. I have also been responsible for submitting two further studies for substantial amendments to REC and HRA. IRAS 11721 has been published as a peer-reviewed manuscript and IRAS 58666 is still recruiting.

Throughout the MD programme, I had exposure to a range of additional research skills including grant application, data collection and analysis (STATA software), academic writing and academic presentation. I have supervised three BSc and one MSc students at UCL. I am a peer reviewer for the IUJ and EJOG, and run a fortnightly journal club at Oxford University Hospitals to develop trainee's critical appraisal skills. I am GCP certified.

Medical education and teaching

I have received awards and nomination within my local trust and deanery for training provided to my trainee colleagues, including a recent nomination as HEETV's RCOG 'Trainer of the Year'. Sessions include monthly 'laparoscopic challenges' and a

fortnightly journal club. As an MD student I was registered with UCL's ARENA one programme to formally develop my teaching abilities. I co-founded a revision website that provides a podcast-led study platform, www.ogcasts.net. I developed and taught on a revision course in both the Middle East and India for the Part 1 MRCOG through ABMA. I have delivered termly tutorials for undergraduate medical students within the area of prolapse and incontinence, with a view to teaching being a regular part of career going forward.